



**MAKE IT AT THE MET**

## **News Release**

### **TIME FOR LEISURE**

If you are looking to learn a new skill or enhance your current qualifications then look no further than Glasgow Metropolitan College.

Glasgow Met is Glasgow's largest college, based in the heart of the city, offering over 150 part time and leisure courses running in the evening or a Saturday morning, with many available now for September start.

Courses are split across the college's four key specialisms - Built Environment, Communication & Media, Design and Food, Hospitality, Sport & Tourism.

From 10 week leisure courses to part time Higher National Certificates plus a range of Professional Development courses, there should be something to suit every level and ability.

Christine Cochrane, 59, of Dumbarton, has just completed two 10 week Hat Making courses at The Met. "I first started the course in January, but the 10 weeks went by really quickly. I was enjoying the course so much that I returned for the next course in April along with a few others from my class".

Displaying a range of creations Christine says, "I've managed to make quite a few styles - lots of fascinators, a trilby, a wedding hat and even a graduation cap! I enjoy the fact that I can learn new skills and get support in college, yet still work on my pieces at home. Everyone has been really impressed by my hats and I enjoy experimenting with different styles - it's a great hobby and I'll certainly continue to improve my skills and maybe even start selling some pieces! The courses are fun and a great way to learn new skills and meet new people, I'm looking forward to coming back to try something new in September, the problem is choosing from such a great range."

For those with a flair for design Hat Making starts in September alongside a number of other popular courses such as Jewellery Making, Decorative Glasswork and Cabinetmaking. Several great new courses have also been added to the line up including Knitting starting in September, Handbags in January and Vintage Accessories in April.

However if Design is not your thing, there is still plenty to choose from.

Languages including Sign Language, Spanish, Italian and Greek are available at beginners and intermediate level and a great range of professional ICT courses including the Adobe Certified Expert range and Microsoft IT Academy Programme offers great opportunities for Continued Professional Development.

Some great fun ICT courses have also been added including Intro to Social Networking and Video editing which start in September and Game Design for the Wii starting in January.

If your a budding photographer a great choice of courses are available throughout the year - everything from camera techniques, studio work, photojournalism and portfolio preparation to even starring in your own film shoot or learning about Gothic Photography!

Or if you're interest is cooking why not learn a new signature dish with Chinese, Indian, Asian, Italian, Greek, Scottish, Gourmet and Fine Dining to choose from. Alternatively those looking for tips on how to cook on a budget can try the Credit Munch!

With some unusual general interest courses, such as Pet Psychology, Tap Dancing, Into to Stand Up Comedy and Archaeology, thrown into the mix there are simply too many courses to mention.

So for full details of courses and start dates visit [www.glasgowmet.ac.uk](http://www.glasgowmet.ac.uk) or contact the Marketing & PR Section for a Part Time prospectus on 0141 566 4150.

The college is also running an Information Day on Thursday 27<sup>th</sup> August, so if you wish to enrol on an evening class you can go along between 10am - 3pm and 5pm - 7pm

**Ends**

**For more information contact:**

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**Notes to Editor:**

- Glasgow Metropolitan College formed by the merger of Glasgow College of Food Technology and Glasgow College of Building & Printing, was officially launched on 7th February 2005.
- The college is a leading provider of high quality education within the food, hospitality, tourism, construction and creative industries offering full time and part time certificated and non certificated courses.
- The college is Glasgow's largest, home to over 20,000 students and 530 members of staff.
- For more information on David Gillanders visit [www.davidgillanders.com](http://www.davidgillanders.com)