



**MAKE IT AT THE MET**

## **News Release**

### **LIFELONG LEARNING AT THE MET**

If you are looking to learn a new skill or enhance your current qualifications then look no further than Glasgow Metropolitan College. Glasgow Met is Glasgow's largest college boasting an impressive range of over one hundred evening and Saturday morning classes across its four specialist schools - Built Environment, Communication & Media, Design and Food, Hospitality, Sport & Tourism.

Evening and Saturday morning classes provide an excellent way to work towards a recognised Higher National qualification, enhance your CV or simply learn a new skill whilst meeting new people and having fun. Courses are available at a variety of levels with evening and weekend leisure classes generally lasting around 10 weeks. To gain a Higher National Qualification by evening study such as HNC Graphic Design, Quantity Surveying or Architectural Technology, students are required to study either three evenings per week over two years or two evenings per week over three years during term time.

Each of the Met's specialist schools offer an extensive range of interesting courses. Whether it is your technical, language, design or cookery skills that need improved, courses are available from beginners to advanced level.

The school of Communication & Media offers everything from English, Italian, Spanish and Greek language classes, through to Adobe Photoshop, Desktop Publishing, Web Design, Printing, Photography and Music skills to name just a few.

If you fancy something a bit more creative the school of Design has a great range of practical, hands on courses such as Jewellery Making, Decorative Glass, Furniture Restoration and Drawing Skills. The school also offers an evening and day release Portfolio Preparation course providing a general introduction to the portfolio required for a career in the creative industries or for application to art and design colleges/universities.

To improve your cookery skills look no further than the school of Food, Hospitality, Sport and Tourism. With a beginners level course named Can't Cook will Learn to Cook to the more specialised Italian, Asian, Indian, Greek, Gourmet and Fine Dining courses - the list is impressive. Cake Decoration and Patisserie are firm favourites for those with a sweet tooth and for wine or whisky enthusiasts Appreciating Wine or The Whisky Trail provide an ideal way to learn more about the development and production of your drink of choice. The school also offers a variety of sports and travel units including the popular Airline Cabin Crew Preparation Course.

A range of slightly more unusual general interest courses are great for those wanting to take up a new hobby and include Yoga, Archaeology, Stand Up Comedy, Tap Dancing and Animal Psychology. With so much to choose from you should certainly be able to find a course to suit your requirements.

One student who cannot rate the courses at Glasgow Met highly enough is Elaine O'Malley, 49 of Cambuslang, who recently completed the Italian Cookery evening class. Commenting on the college Elaine says, "I looked at a few colleges before choosing Glasgow Met however I was really impressed with the choice here and the courses were such fantastic value for money. I am wheelchair bound so was really nervous about coming to college, however I needn't have worried as nothing was too much

for the staff – everyone was so helpful and supportive from the Extended Learning Support team and janitor to the lecturer himself. We covered so much in the class, making basic pasta, risotto, fish and vegetable dishes; I also really enjoyed the social aspect. The whole experience has really boosted my confidence and I have already been accepted for Fine Dining starting in September – I can't wait to come back."

If you are interested in any evening or Saturday morning class at Glasgow Met a full list of courses, dates and prices can be found at [www.glasgowmet.ac.uk](http://www.glasgowmet.ac.uk). You can also request a new Part Time prospectus by calling the Marketing & PR Section on 0141 566 4150. The college is hosting a series of Information Days throughout August, to provide prospective students with information on courses available. The last session will take place tomorrow (Thursday 14<sup>th</sup>) should you wish to go along to enrol on an evening or Saturday morning class.

**Ends**

**For more information contact:**

Fiona Cochrane, Events & PR Manager, Glasgow Metropolitan College  
0141 566 4107 / [fiona.cochrane@glasgowmet.ac.uk](mailto:fiona.cochrane@glasgowmet.ac.uk)

**Notes to editor:**

- Glasgow Metropolitan College, created from the merger of Glasgow College of Building and Printing and Glasgow College of Food Technology, was officially launched on 7<sup>th</sup> February 2005
- Glasgow Metropolitan College is the city's largest college with over 20,000 students attending by full time, part time, evening, weekend, day release and block release basis
- The college is a leading provider of high quality education in the food, hospitality, tourism, construction and creative industries offering full time and part time certificated and non-certificated courses
- For further information please visit [www.glasgowmet.ac.uk](http://www.glasgowmet.ac.uk)